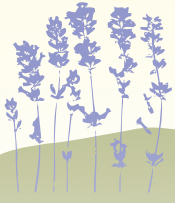




# HEALTHY FARMING HEALTHY LIVING



## Next Public Event Saturday, April 18, 2009

The Aromatic Farm Co op is hosting a public event in partnership with the BC Forest Discovery Centre, in Duncan. Join us at this pristine 100 acre forested site to learn about aromatic farming, essential oil distillation and the health benefits of aromatherapy.



Our master distiller Kent Goodwin McKay will demonstrate steam distillation and give an overview of aromatic farming and organic essential oil production.

## 2009 Annual General Meeting

Experts will share their knowledge and experience by providing hands on demonstrations, herbal walks and aromatherapy talks. The day's activities will also include museum tours and train rides - A day of FUN for the whole family!

**Admission Fee Co-op Members \$5  
Non-members \$14**

Continuing Education credits  
available for Aromatherapists



BC Forest  
Discovery Centre

[www.discoveryforest.com](http://www.discoveryforest.com)

2892 Drinkwater Rd  
Duncan BC  
250-715-1113

Visit our website at [www.aromaticfarmcoop.ca](http://www.aromaticfarmcoop.ca) for the day's schedule of activities

### *Did you know...?*

While aromatherapy enhances a healthier lifestyle, most essential oils are imported and shipped thousands of miles to reach us... not so healthy for the environment!

Many of these plants can be grown locally - the AFC's vision is for organic essential oil production right here on Vancouver Island. Buy local, be sustainable.

Contact the Aromatic Farm Co-op at 250-370-5011 or email: [holly@aromaticfarmcoop.ca](mailto:holly@aromaticfarmcoop.ca)